

# FOCUSED

# Rehab

“Seems Like A Game.”

David Nenahlo



I deal with the limitations of Multiple Sclerosis (MS) everyday. Virtual Rehabilitation is an extra tool my Physical Therapist felt I would benefit from. After 2 months of 2-3 days a week sessions, I have noted improvement in my core and overhead arm strength and endurance. Virtual Rehabilitation has made my life more comfortable and I have more confidence. If you are experiencing difficulty with your everyday living activities, give Virtual Rehabilitation a try.

Virtual Rehabilitation offers programs to improve memory, balance, weakness, coordination, walking, sitting upright, movement, flexibility and endurance designed specifically for aging adults and others with physical limitations. Patients use the system to participate in a variety of therapeutic activities and exercises selected for their individual physical challenge or condition.

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